

# Happy New Year!

The breakout story of the year was the answer to many years of fervent prayer. The Supreme Court overturned Roe v Wade and put the matter of abortion rights back into the state's hands. Considering this monumental decision, the role of pregnancy centers has not changed. Women are traveling to abortion-friendly states to 'take care of' their unplanned pregnancies and pregnancy centers must be open and ready to educate women about ALL of their choices. Sadly, the state of Colorado has some of the most liberal abortion laws in America.

CHOICES provides free services and programs for those with unplanned pregnancies, beginning with pregnancy testing, and including limited OB ultrasound for those who qualify. We also offer a sexually transmitted infection (STI) testing program for chlamydia and gonorrhea. For those choosing to parent their child we offer parenting education classes. In this program, the parent is paired with a mentor to learn parenting skills using our curriculum and are awarded baby bucks in this process. They may use the baby bucks to shop in our baby boutiques. We have peer educators who are invited as guest speakers into the high school health classes with Education for a Lifetime's Pursue program. This is an interactive conversation about whole person health and how the effects of risky behaviors may impact someone for a life time. Our nurse also presents about sexual anatomy, sexual reproduction and STIs. Lastly, for women suffering from the effects of their abortion decision, we offer confidential classes that bring hope and healing to hurting hearts.

Here is some feedback from our clients from each of these programs. This information comes from their exit surveys about their experience with CHOICES:

## Pregnancy Testing

- I like the fact that the people at CHOICES are not judgy and they do not make you feel like you have made a mistake!
- The kindness the advocate showed me.
- They were easy to talk to, and gave me all the information I needed.

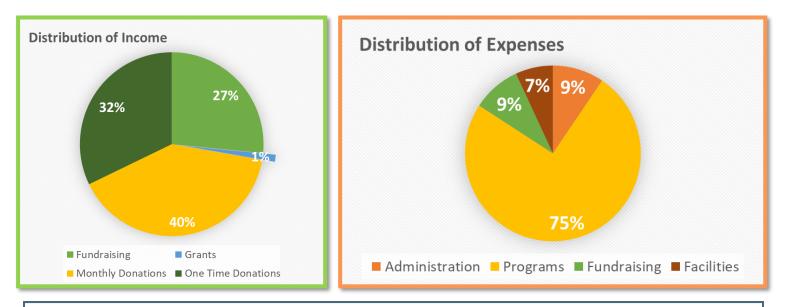
### Ultrasound

- I was able to find out more about where I am in this pregnancy and what to do next.
- I really do thank this facility for being free and having so many resources for women.
- Thank you, guys, for doing what you do and providing this community with a helpful and loving place to go.

## STI Testing/Treatment

- I did not feel judged by the staff, and the nurse was very easy to talk to.
- I learned things today that I have never been told about sexually transmitted infections.
- I now know how common it is to be exposed to STIs and how to avoid them.

# **2022 Financial and Center Update**



#### Comments continued from page 1

#### Earn While You Learn Parenting Education Program

- Thank you for the loving and compassionate staff that has helped us grow through this parenting education and mentoring program.
- The classes are helping us learn to be better parents; the baby bucks are so helpful to provide the diapers, wipes, and clothes we need.
- We love the relationship we have made with our mentor. Thank you, CHOICES!

#### Education for a Lifetime/Pursue

- I learned the difference between healthy and unhealthy relationships.
- I learned how to give and receive consent, and how to set boundaries and not feel embarrassed.
- I am thankful consent was talked about because it is a serious issue.

#### After Abortion Care/Surrendering the Secret

- I never knew I had permission to grieve the loss of the child I aborted.
- I didn't realize how my abortion(s) would impact my relationships.
- Receiving God's forgiveness for my decision to abort has been life giving.



# Thankful for the Churches that support CHOICES monthly, through the Baby **Bottle Campaign or with in-kind donations**

4 Mile 4 Christ **Four Mile Community Church Charis Bible College Community Fellowship of Christians Cripple Creek Baptist Church Dayspring Christian Fellowship Emmaus Fellowship** Faith Lutheran Church

First Baptist Church Victor Grace & Faith Bible Church **Highland Bible Church High View Baptist Church Impact Christian Church** Lake George Bible Church **Mountain Life Church** 

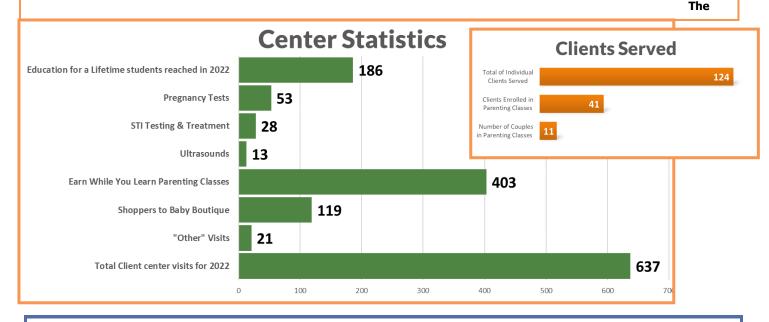
Our Lady of the Woods Parish **Rocky Mountain Chapel** Saint David of the Hills St. Peter Catholic Church The Church of Jesus Christ LDS **Woodland Life Church Woodland Park Community Church** Mountainview United Methodist Church Woodland Park Church of the Nazarene

## Thankful for the Local Business Support

**Andrew Wommack Ministries Ascent Commercial Group, LLC Aware Investing** Bowen & Nein, CPA's, LLC Casey's Lumber, Inc. **Charis Bible College CORE Electric Creative Providers Foundation** Credit Service Company, Inc. **Dave Brown Team Don Bush Enterprises** 

**Dos Lobos Enterprises** Hardcastle Heating & Air **Hdaero Engineering, LLC** Highmark, LLC **Keener Team Realty Klocke Photography** M & S Snowplowing **MBI Contractors, Inc.** Mallett Excavating, Inc. **My Free Water Store** M.O.P.S.

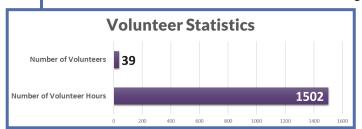
**Newmont Legacy Fund Park State Bank & Trust Pikes Peak Community Foundation Pitt Stop Counseling Powell Homes Reliant Financial Services, LLC** Roshek Group, Inc. **Teller County Waste Tregos Xtra Storage True Life Medicine** The Barn at Casey's, LLC



The mission of CHOICES is carried out with the help of many people. We are grateful for every volunteer; for their time and talent given to CHOICES to help make the organization run smoothly.

> We are blessed by artisans who create all year long to make beautiful one of a kind items that they donate for the Rocky Mountain Christmas Boutique. Thank you!

> We are grateful for a Board of Directors who serve faithfully and give wise leadership.



#### A Note from CHOICES Executive Director...

As we welcome the new year, 2023, I would like to say how grateful we are at CHOICES for your faithful support over this past year. With the rapid changes in our world today, and with so many finding themselves in financial hardship, CHOICES has been blessed abundantly again. Thank you!



I hope you enjoyed reading the feedback we shared from some of the clients we served in 2022. This is just a small amount of feedback as there isn't enough space to

share everyone's experience. The overwhelming response is one of gratitude and surprise sometimes, at how respected and cared for these people feel. This is a testimony to the staff we have in place at each of our centers. Women who have been called to love others who find themselves in very difficult circumstances. At CHOICES we offer love and support, without judgment, along with free services to help open the door for deeper conversations. In those conversations, educating those willing to listen. Our hope is they choose life for their unborn child and life for themselves, as they learn to make healthier choices. This is important work for dark times in this old world. We are grateful for your support to help make this possible. It is an honor to serve here.

If you have any questions or feedback about our annual report, or in general, please feel free to email me at info@whatchoices.com. If you would like more information about CHOICES, please visit our websites at choicesco.com or whatchoices.com.

For life,

Teresa Diamond







Pat Martin Assistant Cripple Creek Director



Marcie James, RN Medical Testing Director

Jeni Smoot Lead Client

Jeni SmootLissaLead ClientFAdvocate (WP)Adr



**Lissa Wellborn** Program Administrator

Rebecca Fuqua Program Coordinator

Mackenzie Leach EFL Presenter



### Dr. Scott Russell, MD Medical Director of CHOICES. Dr. Russell specializes in Obstetrics and Gynecology at UC Health Front Range OB/GYN. Dr. Russell generously donates his time and expertise to support CHOICES.

#### **Board of Directors:**

- Michelle Lane, Chairman
- Duncan Harding, Vice Chairman
- Bob Sturgeon, Treasurer
- Jere Frisinger, Secretary

Directors: Cindy Blauch, Mary Jean Weaver, Tammy Pitt, Gerald McDaniel,

Teresa Diamond, Executive Director

# The CHOICES Team